# **Cold Weather Safety Tips**

# When you are outside, frostbite and hypothermia are possible so you need to protect yourself.

- 1. Wear layers of loose-fitting, lightweight, warm clothing.
- 2. Wear a hat. Try to stay dry and out of the wind.
- 3. Cover your mouth to protect your lungs from extreme cold.
- 4. Mittens, snug at the wrist, are better than gloves.

#### Ice Safety

Please visit this informative link https://www.dnr.state.mn.us/safety/ice/thickness.html

# To keep pipes from freezing on an outside wall:

- 1. Let hot and cold water trickle or drip at night from a faucet.
- 2. Open cabinet doors to allow more heat to get to un-insulated pipes under a sink or near an outer wall.
- 3. Make sure heat is left on and set no lower than 55 degrees.
- 4. If you plan to be away: (1) Have someone check your house daily to make sure the heat is still on to prevent freezing, or (2) drain and shut off the water system (except indoor sprinkler systems).

# If Pipes Freeze:

- 1. Make sure you and your family knows how to shut off the water, in case pipes burst.
- 2. **NEVER** try to thaw a pipe with an open flame or torch. Use a hair dryer instead.
- 3. Always be careful of the potential for electric shock in and around standing water.

# *Carbon monoxide poisoning is a silent, deadly killer claiming about 1,000 lives each year in the United States.*

- 1. Install a carbon monoxide detector.
- 2. **NEVER** run generators indoors.
- 3. Open a window slightly when using a kerosene heater and follow the manufacturer's instructions.
- 4. **NEVER** use a gas oven to heat your home.
- 5. If your heat goes out, you can keep warm indoors by closing off rooms you do not need, dressing in layers of lightweight clothing, and wearing a cap.

# Wood-burning stoves, fireplaces and heaters:

- 1. Always keep a screen around an open flame.
- 2. **NEVER** use gasoline to start your fireplace.
- 3. **NEVER** burn charcoal indoors.

- 4. Do not close the damper when ashes are hot.
- 5. Use only safe sources of alternative heat such as a fireplace, small well-vented wood or coal stove or portable space heaters. Always follow manufacturer's instructions.

# Animal and Pet Safety:

- 1. Bring pets inside
- 2. Provide shelter and fresh water
- 3. Keep salt away from paws

# Vehicle Preparation:

- 1. Check you battery
- 2. Check your fluids (coolant, wiper fluid, oil, etc)
- 3. Check your tires
- 4. Have jumper cables
- 5. Pack a blanket

# For More information please see:

https://www.weather.gov/safety/cold-wind-chill-chart http://www.ready.gov/winter-weather https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/winterstorm.html