



Winter/Spring Flood Outlook #14

Northern & Eastern Maine

April 30, 2026

11:49 AM

This is the Final Outlook for the 2026 Season

Valid through May 7th

OVERVIEW:

- The Flood Outlook is **Below Normal** for all of Eastern & Northern Maine.

SNOWPACK (SD) & SNOW WATER EQUIVALENT (SWE) "T" = Trace

- Northern Basins:** Trace amounts remaining in the deeper colder forest.
- Central Highlands, Moosehead & Baxter Regions:** Only confined to Katahdin.
- Downeast to Bangor Basins:** Bare ground.

RIVER ICE

- All Regions:** Free and clear on all rivers.

RIVER FLOW STATUS

- Northern Basins:** Normal across St. John River Basin except Below Normal on Aroostook River & Meduxnekeag River.
- Central Highlands, Moosehead & Baxter Regions:** Below Normal to Much Below Normal.
- Downeast to Bangor Basins:** Below Normal to Much Below Normal.
- Areawide Trends:** Expect flows to rise slowly with widespread rainfall.

PRECIPITATION & TEMPERATURE OUTLOOK

- Temperatures:** Near Normal to Slightly Above Normal
- Precipitation:** Above Normal.
- Pattern:** Persistent upper-level troughing will remain anchored over the Northeast, maintaining an unsettled and unseasonably cool pattern across the region. Frequent chances for precipitation, combined with near to below-normal temperatures, will provide highly beneficial relief for ongoing drought conditions and help recharge low streamflows.

FROST DEPTH

- All Basins: Thawed with soil temperatures rapidly rising.

GROUNDWATER

- Below Normal to near Normal due to ongoing Drought. Recharge is occurring.

