



# Winter/Spring Flood Outlook #9

March 26, 2026

## Northern & Eastern Maine

5:41 AM

Flood Outlook due to Natural Flows is **Normal** for Northern Maine & Central Highlands  
Flood Outlook due to Natural Flows is **Below Normal** for Bangor Region & Downeast Maine

Valid Mar 26th- Apr 2nd

### OVERVIEW:

- The Risk of Ice Jams is **Limited** for the Central Highlands & Northern Maine.
- The Risk of Ice Jams has **Ended** for the Bangor Region & Downeast Maine.

### SNOWPACK (SD) & SNOW WATER EQUIVALENT (SWE)

"T" = Trace

- Northern Basins:** SDs 4-16". SWEs 1.5-4.5". Highest values in the North Woods in the Upper St. John Basin. SD & SWE well below normal.
- Central Highlands, Moosehead & Baxter Regions:** SDs 0-18" with most areas a Trace or Bare Ground. Chimney Pond (Baxter SP @ 2914ft) SD is 23". SWEs generally 0-3" with up to 5" at highest terrain. SD & SWE well below normal.
- Downeast to Bangor Basins:** Mostly bare ground. SD & SWE well below normal.

### RIVER ICE

- Northern Basins:** 75-90% Covered. Ice continues to slowly rot in place, especially near headwaters and in runoff areas. St. John: mixed conditions w/ several large openings between Dickey & Grand Isle; solid Lille to Hamlin. Allagash: patchy openings. Aroostook: mix of openings, leads, and thick ice while remaining stable.
- Central Highlands, Moosehead & Baxter Regions:** 30-40% Covered. Ice slowly rotting in place. Pleasant & Piscataquis jams remain stable with no flooding. Penobscot & Piscataquis mostly open, except behind dams (*E. Branch retains some ice*). Mattawamkeag & Kenduskeag (Bangor) are mostly open.
- Downeast to Bangor Basins:** <10% Covered. Mostly free and clear on all rivers.

### PRECIPITATION & TEMPERATURE OUTLOOK

- Temperatures:** Slightly Below Normal. **Precipitation:** Slightly Above Normal.
- Pattern:** Troughing over the Northeast allows cold air to return early in the outlook. The pattern turns zonal in the second half of the outlook, bringing near-normal temperatures. Progressive systems will drive additional precipitation. Precipitation types remain uncertain, but the approach of April favors rain over snow.

### RIVER FLOW STATUS

- Flows Normal except Below Normal Downeast. Expect flows to remain steady.

### FROST DEPTH

- Northern Basins: 15-25" Deep, Central: 1-9" Deep. Downeast: Mostly thawed.

### GROUNDWATER

- Below Normal due to ongoing Moderate to Severe Drought. Recharge occurring.

