Are you ready?

When disaster strikes, it pays to be prepared. Having a disaster kit prepared will save you time and could save your life. A disaster kit should be in your designated shelter and it would also be helpful to have a smaller version in a small backpack or other containers that are easily carried if you need to evacuate your home. Disaster kits should be reviewed annually to be kept up-to-date with your family’s needs. Items in your kit should include, but are not limited to:

**Staple Items**
- 3 day supply of water (1 gallon per person per day)
- 3 day supply of nonperishable, ready to eat food items and manual can opener
  - High energy foods, e.g. peanut butter
  - Juices and dried milk
  - Sugar, salt and pepper
- First Aid Kit (see list for individual items)
- Flashlight and extra batteries, or ones that generate their own energy by shaking them
- Battery operated or hand crank radio
- NOAA All-Hazard Weather Radio
- Clothing—Think about the climate; warm and/or cool season clothes
- Shoes
- Sanitation and hygiene items (such as hand sanitizer, moist towelettes and toilet paper)
- Matches in waterproof container
- Whistle
- Blankets
- Other tools (e.g. hammer and pliers)
- Cash and coins
- Photocopies of important documents, personal ID’s and credit cards
- Baby needs
- Special needs
  - Prescription medications, eye glasses, etc.
  - Contact lens solution, etc.
- Games to pass the time (e.g. cards)
- Pet food and extra water

**First Aid Kit**
- Sterile adhesive bandages in assorted sizes
- 2-inch and 4-inch sterile gauze pads
- Hypoallergenic adhesive tape
- Triangular bandages
- Scissors & tweezers
- 2-inch and 3-inch sterile roll bandages
- Waterless alcohol-based hand sanitizer
- Antiseptic wipes
- Petroleum jelly or other lubricant
- Latex gloves
- Anti-bacterial ointment
- Aspirin or non-aspirin pain reliever
- Antacid (for upset stomach)
- Cold pack
- CPR breathing barrier, such as a face shield
- Assorted sizes of safety pins

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Winter Disaster Kit
Winterizing your disaster kit

If you live in a cold climate, you must think about warmth. It is possible that you will not have heat during or after a disaster. Think about your clothing and bedding needs. Be sure to include one set of the following for each person to add to your disaster kit.

- Jacket or coat
- Long pants and long sleeve shirt
- Sturdy shoes
- Hat, mittens, and scarf
- Sleeping bag or warm blanket
- Extra blankets
- Lantern or flashlight

Vehicle Disaster Kit

You may be in your vehicle when disaster strikes, or possibly stuck in your vehicle in a summer/winter environment. Below are a few items that you should keep in your car as part of your Vehicle Disaster Kit.

**Basic Supplies**
- Flashlight and extra batteries
- Maps
- Small First Aid Kit
- White distress flag
- Tire repair kit
- Booster/jumper cables
- Air pump
- Flares
- Bottled water
- Non-perishable foods such as granola bars or canned soup

**Summer Supplies**
- Sunscreen
- Shade item (umbrella or wide brimmed hat)
- Bug spray

**Winter Supplies**
- Blanket or sleeping bag
- Hat and mittens
- Shovel
- Sand bags
- Tire chains
- Windshield scraper
- Florescent distress flag