Moderate Risk of rip currents northeast Florida and southeast Georgia Today and Friday.

Scattered afternoon and early evening thunderstorms expected through Friday.

Max Heat Indices 105 to 111 degrees Friday and Saturday.

Thunderstorms to become more numerous this weekend through middle of next week.
Practice HEAT SAFETY Wherever You Are

Heat related deaths are preventable. Protect yourself and others from the impacts of heat waves.

- **Job Sites**
  - Stay hydrated and take breaks in the shade as often as possible.

- **Indoors**
  - Check up on the elderly, sick and those without AC.

- **Vehicles**
  - Never leave kids or pets unattended - LOOK before you LOCK

- **Outdoors**
  - Limit strenuous outdoor activities, find shade, and stay hydrated.

weather.gov/heat