Extreme Heat Expected This Week!

Dangerous Heat Lasts Most of the Week

Key Messages

- Dangerous heat lasts most of the week.
- An Excessive Heat Warning and a Heat Advisory is in effect through Wednesday.
- The combination of heat and humidity will lead to dangerously high heat index values, 105°F to 110°F each afternoon.
- Heat may continue thru end of the week.
- Those outside should take frequent breaks, drink plenty of water, and have access to shade or air conditioning.

Important Updates

- Upgraded St Louis metro to Excessive Heat Warning

Next Scheduled Briefing

- Around 5AM Tuesday, July 5

Heat Advisory and Excessive Heat Warning in Effect
Dangerous Heat Continues this Week
The heat may last through Thursday and even Friday

➔ The worst of the heat will be Tuesday and Wednesday when widespread heat index values of 105 to 110 are expected.

➔ Later in the week there is the potential for showers and thunderstorms to impact temperatures both Thursday and Friday.

➔ If these occur, it will cool temperatures down and bring some relief from the heat

➔ If these do not occur, the dangerous heat and humidity will continue

Max Heat Index Tuesday, July 5