



## Heat Wave Monday through Friday

### KEY MESSAGES

- **Minor HeatRisk today with temperatures above seasonal averages**
- **Early season, long duration heat wave brings record-breaking temperatures and Moderate HeatRisk through the week**
- **Elevated potential for grass fires through the week due to warm and dry conditions with periods of moderate offshore winds**
- **For greater meteorological detail, check out our latest [Area Forecast Discussion](#).**

### WEATHER RISK OUTLOOK

Risk levels incorporate potential impacts from weather hazards and likelihood of occurrence for a reasonable worst case scenario.

	Sun 3/15	Mon 3/16	Tue 3/17	Wed 3/18	Thu 3/19	Fri 3/20	Sat 3/21
<b>North Bay</b> Santa Rosa, Napa, San Rafael	Heat	Heat	Heat	Heat	Heat	Heat	Heat
<b>San Francisco</b> Downtown SF	Heat	Heat	Heat	Heat	Heat	Heat	Heat
<b>SF Peninsula</b> Half Moon Bay, San Mateo, SFO	Heat	Heat	Heat	Heat	Heat	Heat	Heat
<b>East Bay</b> Oakland, Concord, Livermore	Heat	Heat	Heat	Heat	Heat	Heat	Heat
<b>South Bay</b> San Jose, Gilroy	Heat	Heat	Heat	Heat	Heat	Heat	Heat
<b>Santa Cruz County</b> Santa Cruz, Boulder Creek, Corralitos	Heat	Heat	Heat	Heat	Heat	Heat	Heat
<b>Monterey &amp; San Benito County</b>	Heat	Heat	Heat	Heat	Heat	Heat	Heat

Risk Levels

Little to None

Minor

Moderate

Major

Extreme

### DETAILS

## North Bay

**Impacts:**

This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.

**Timing:**

Monday through Friday

**Confidence:**

High

**Details:**

- Higher terrain: Maximum Temperatures: mid 70s to mid 80s, Minimum Temperatures: low 60s to low 70s
- Interior Valleys: Maximum Temperatures: low 80s to mid 90s, Minimum Temperatures: mid 50s to low 60s

## San Francisco

**Impacts:**

This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.

**Timing:**

Monday through Friday

**Confidence:**

High

**Details:**

- Maximum Temperatures: mid 70s to mid 80s
- Minimum Temperatures: mid 50s to low 60s

## SF Peninsula

**Impacts:**

This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.

**Timing:**

Monday through Friday

**Confidence:**

High

**Details:**

- Pacific Coast: Maximum Temperatures: low 70s to mid 80s, Minimum Temperatures: low to mid 50s
- San Francisco Bayshore: Maximum Temperatures: mid 70s to low 90s, Minimum Temperatures: mid 50s
- Santa Cruz Mountains: Maximum Temperatures: mid 70s to mid 80s, Minimum Temperatures: mid 50s to upper 60s

## East Bay

**Impacts:**

This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.

**Timing:**

Monday through Friday

**Confidence:**

High

**Details:**

- Bayshore: Maximum Temperatures: upper 70s to low 90s, Minimum Temperatures: mid 50s to low 60s
- Hills: Maximum Temperatures: upper 70s to upper 80s, Minimum Temperatures: low 50s to upper 60s
- Interior Valleys: Maximum Temperatures: low 80s to mid 90s, Minimum Temperatures: mid 50s to low 60s

## South Bay

**Impacts:**

This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.

**Timing:**

Monday through Friday

**Confidence:**

High

**Details:**

- Eastern Santa Clara Hills: Maximum Temperatures: upper 70s to mid 90s, Minimum Temperatures: low 50s to low 60s
- Santa Clara Valley: Maximum Temperatures: mid 80s to mid 90s, Minimum Temperatures: mid 50s to low 60s
- Santa Cruz Mountains: Maximum Temperatures: upper 70s to upper 80s, Minimum Temperatures: mid 50s to low 70s

## Santa Cruz County

**Impacts:**

This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.

**Timing:**

Monday through Friday

**Confidence:**

High

**Details:**

- Northern Monterey Bay: Maximum Temperatures: upper 70s to low 90s, Minimum Temperatures: low 50s to low 60s
- Santa Cruz Mountains: Maximum Temperatures: upper 70s to mid 90s, Minimum Temperatures: mid 50s to low 70s

## Monterey & San Benito County

**Impacts:**

This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.

**Timing:**

Monday through Friday

**Confidence:**

High

**Details:**

- Higher Terrain: Maximum Temperatures: upper 70s to upper 90s, Minimum Temperatures: mid 50s to low 70s
- Salinas Valley: Maximum Temperatures: mid 80s to upper 90s, Minimum Temperatures: low 50s to low 60s
- Southern Monterey Bay: Maximum Temperatures: mid 70s to mid 80s, Minimum Temperatures: mid to upper 50s

## FOR MORE INFORMATION

For the latest forecast updates, visit [weather.gov/bayarea](https://weather.gov/bayarea).

If you have questions or would like to submit weather reports, photos, or to unsubscribe from these briefings, email [w-mtr.webmaster@noaa.gov](mailto:w-mtr.webmaster@noaa.gov) or call **General Office Line: (831) 656-1725**.

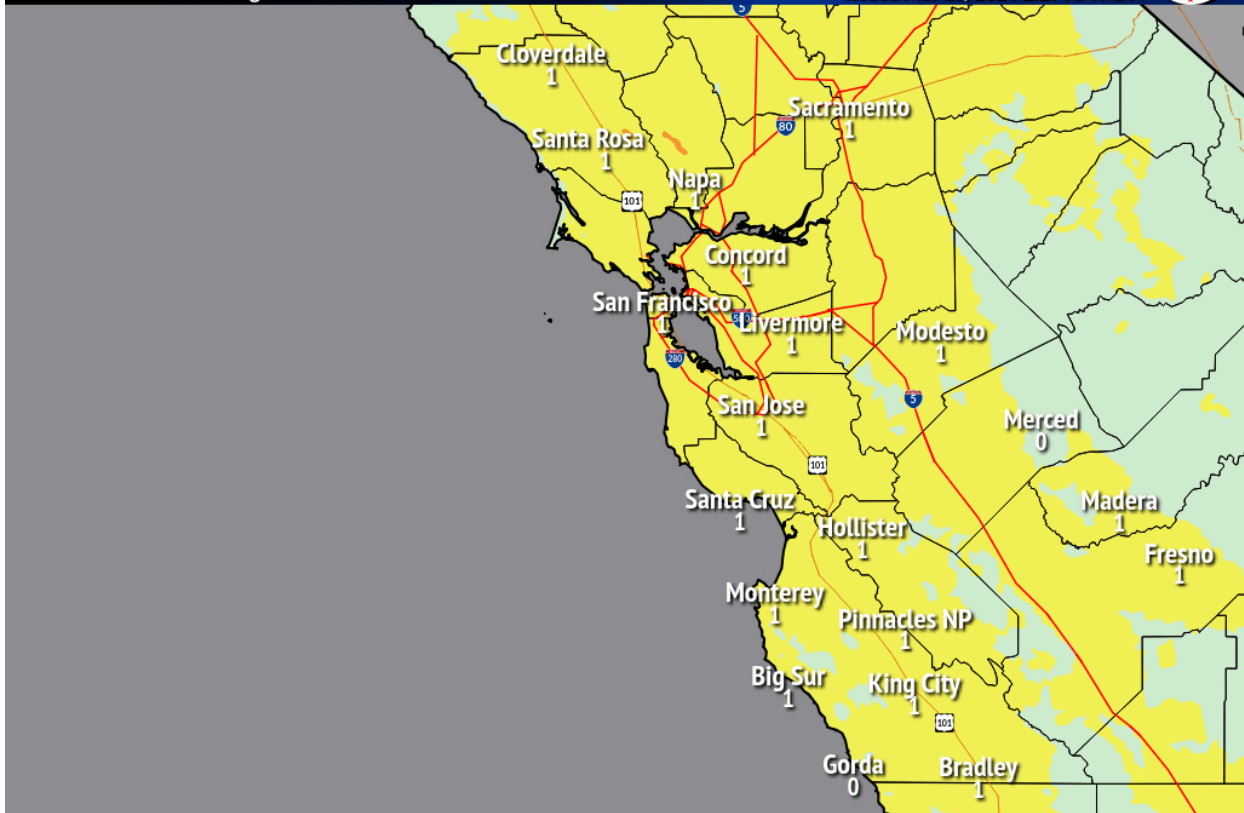
## GRAPHICS

# Today's Heat Risk Potential

Valid Sat 11:00PM through Sun 11:00PM PDT

Weather Forecast Office  
San Francisco Bay Area

Issued Mar 15, 2026 2:27 AM PDT



@NWSBayArea

weather.gov/BayArea

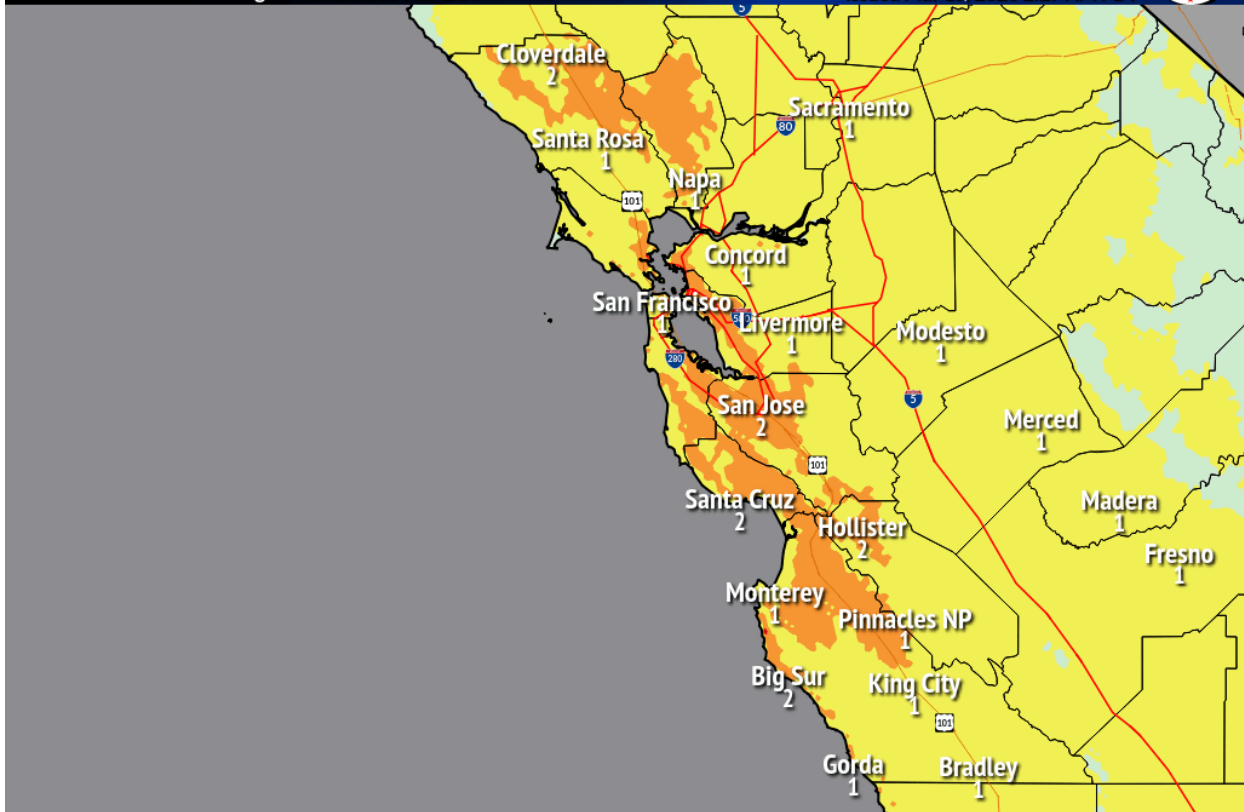
HeatRisk\_Today\_MTR.png

# Tomorrow's Heat Risk Potential

Valid Sun 11:00PM through Mon 11:00PM PDT

Weather Forecast Office  
San Francisco Bay Area

Issued Mar 15, 2026 2:27 AM PDT



@NWSBayArea

weather.gov/BayArea

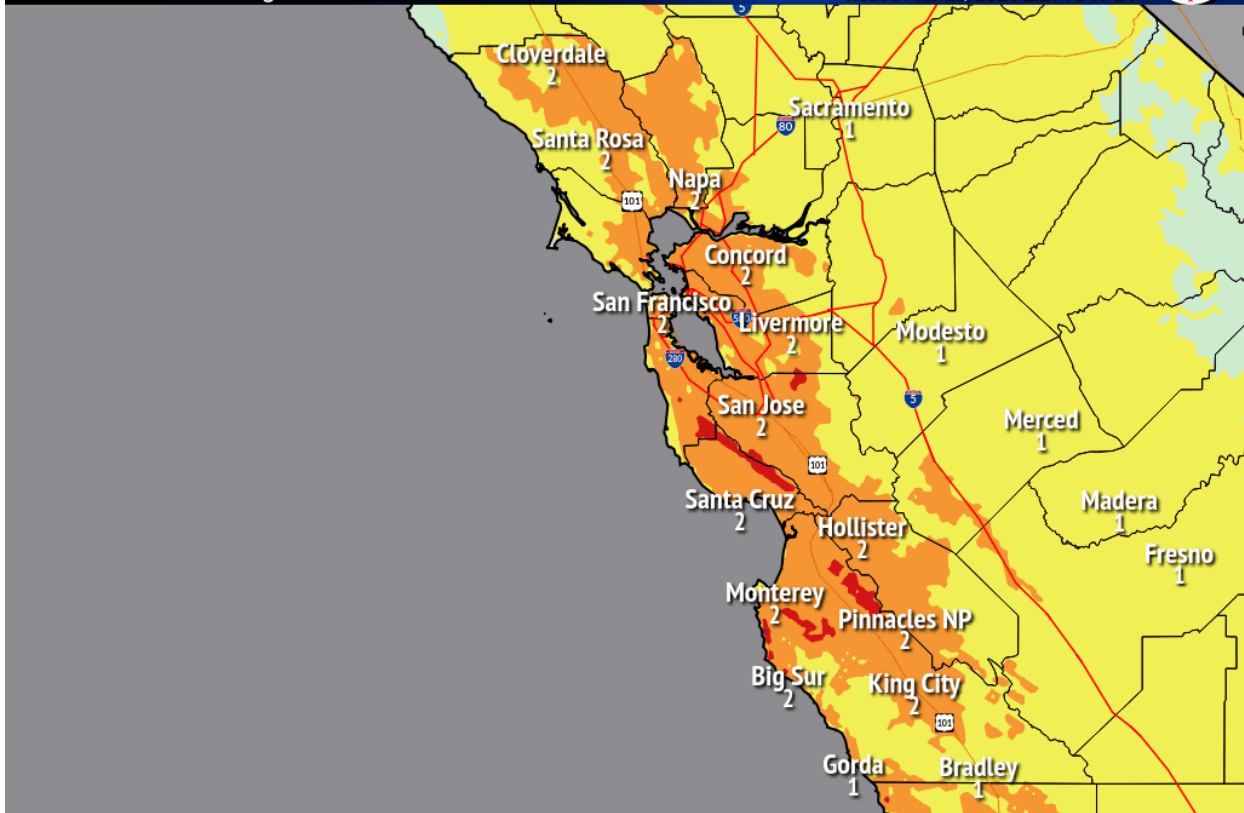
HeatRisk\_Tomorrow\_MTR.png

# Heat Risk Potential

Valid Mon 11:00PM through Tue 11:00PM PDT

Weather Forecast Office  
San Francisco Bay Area

Issued Mar 15, 2026 2:27 AM PDT



@NWSBayArea

weather.gov/BayArea

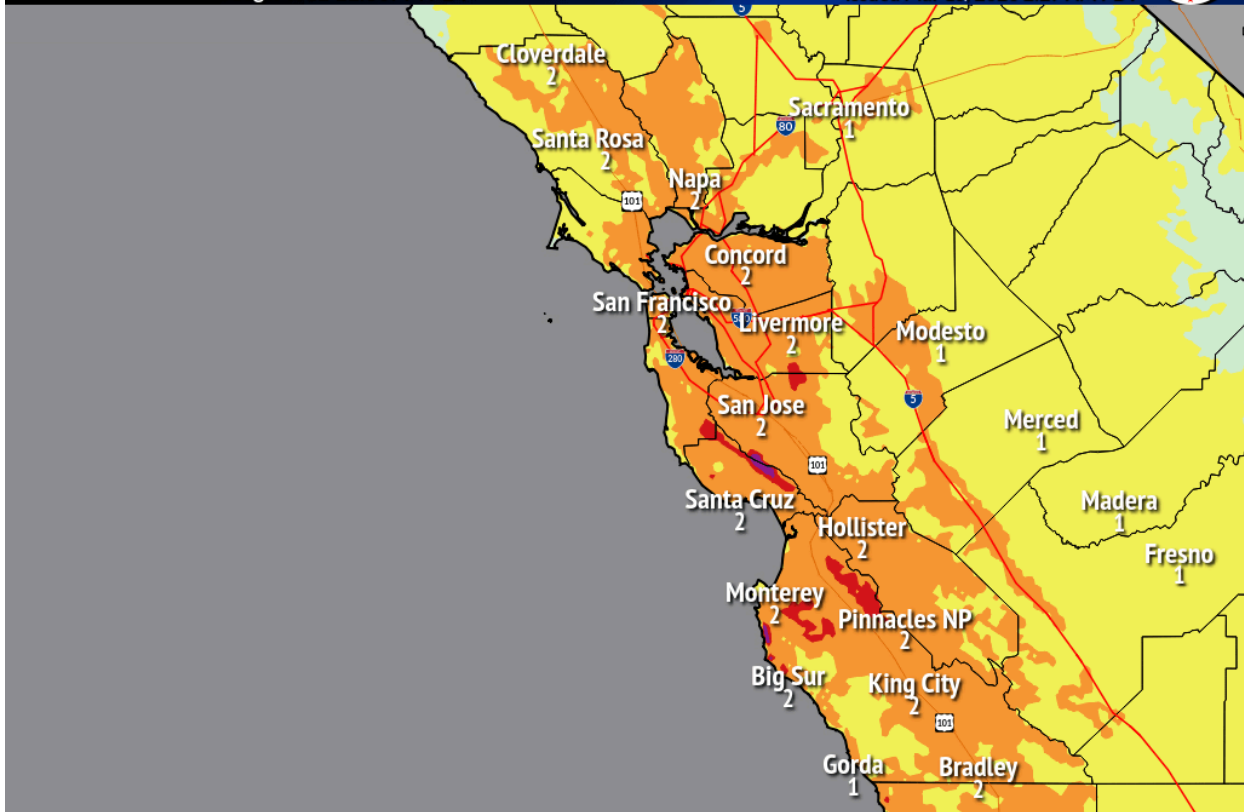
HeatRisk\_Day3-06Z-06Z\_MTR.png

# Heat Risk Potential

Valid Tue 11:00PM through Wed 11:00PM PDT

Weather Forecast Office  
San Francisco Bay Area

Issued Mar 15, 2026 2:27 AM PDT



@NWSBayArea

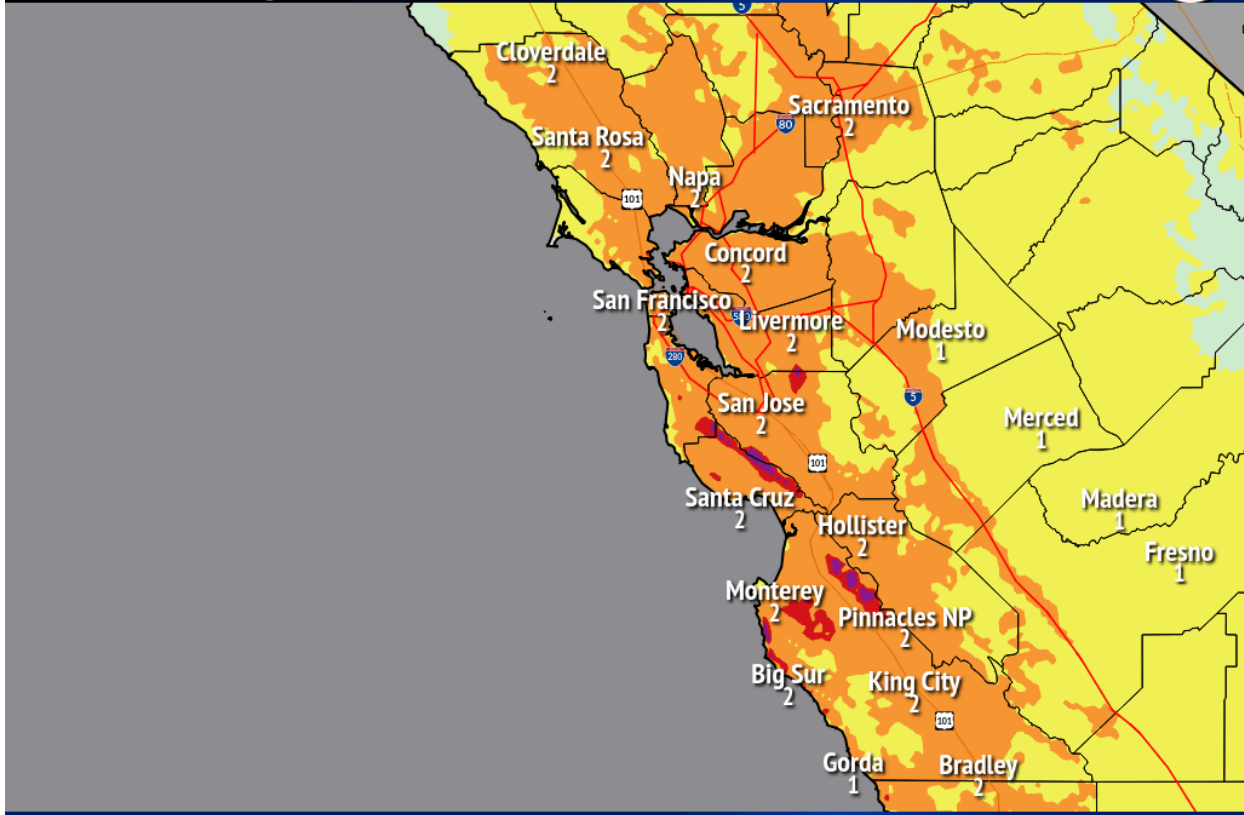
weather.gov/BayArea

HeatRisk\_Day4-06Z-06Z\_MTR.png

# Heat Risk Potential

Valid Wed 11:00PM through Thu 11:00PM PDT

Weather Forecast Office  
**San Francisco Bay Area**  
Issued Mar 15, 2026 2:27 AM PDT



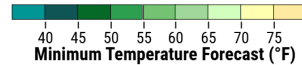
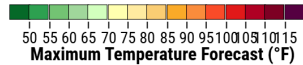
[f](#) [X](#) [v](#) @NWSBayArea

[weather.gov/BayArea](http://weather.gov/BayArea)

HeatRisk\_Day5-06Z-06Z\_MTR.png

## Maximum Temperature (°F) & Minimum Temperature (°F) Forecast

		3/15	3/16	3/17	3/18	3/19	3/20	3/21	3/22			3/15	3/16	3/17	3/18	3/19	3/20	3/21	3/22
		Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun			Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Big Sur	Max Temp	79	85	88	88	90	90	83	75	Oakland	Max Temp	82	88	92	91	91	93	85	75
	Min Temp	54	59	63	64	64	63	57	53		Min Temp	51	56	58	61	61	62	57	54
Bodega Bay	Max Temp	63	65	67	67	68	69	65	61	Pacifica	Max Temp	68	74	77	75	75	76	70	65
	Min Temp	51	54	54	55	56	58	54	53		Min Temp	53	58	58	60	60	61	57	55
Boulder Creek	Max Temp	84	91	96	94	96	96	88	80	Petaluma	Max Temp	83	86	89	89	89	91	84	75
	Min Temp	47	52	55	56	56	57	51	47		Min Temp	47	53	54	56	56	59	54	50
Cloverdale	Max Temp	85	90	91	90	91	92	85	78	Pinnacles NP	Max Temp	84	92	98	99	99	100	95	88
	Min Temp	51	58	59	59	59	62	57	53		Min Temp	46	50	53	57	57	57	53	48
Concord	Max Temp	86	89	91	93	93	95	90	81	Redwood City	Max Temp	81	87	90	89	90	91	84	76
	Min Temp	51	56	56	59	59	61	56	52		Min Temp	50	56	58	60	60	61	55	52
Fremont	Max Temp	80	86	90	90	90	92	86	77	Richmond	Max Temp	82	86	88	88	89	90	83	75
	Min Temp	49	55	58	61	61	63	57	53		Min Temp	51	56	56	59	59	60	56	53
Gilroy	Max Temp	85	92	96	96	98	97	90	82	Salinas	Max Temp	79	87	92	90	91	93	84	77
	Min Temp	46	52	56	59	60	59	54	50		Min Temp	48	54	58	59	59	59	53	50
Half Moon Bay	Max Temp	77	84	86	85	85	87	78	70	San Francisco	Max Temp	78	84	88	86	87	88	80	72
	Min Temp	48	52	54	56	56	57	52	50		Min Temp	51	55	55	58	58	60	55	53
Hayward	Max Temp	80	86	89	89	89	90	83	75	San Jose	Max Temp	82	89	94	94	94	95	89	81
	Min Temp	50	56	58	61	61	62	57	53		Min Temp	48	56	59	63	63	64	58	52
Hollister	Max Temp	81	88	92	92	93	93	87	80	San Rafael	Max Temp	83	88	90	89	90	91	83	74
	Min Temp	46	52	56	59	60	60	54	50		Min Temp	52	55	56	58	58	60	55	52
King City	Max Temp	84	91	95	98	98	99	94	89	Santa Cruz	Max Temp	79	86	89	88	90	90	82	76
	Min Temp	49	51	55	59	60	60	56	51		Min Temp	47	52	56	57	57	58	52	50
Livermore	Max Temp	82	87	90	91	92	93	89	81	Santa Rosa	Max Temp	84	88	89	89	90	92	85	77
	Min Temp	49	55	57	60	60	61	56	51		Min Temp	47	55	55	57	57	60	55	51
Monterey	Max Temp	75	82	86	84	85	87	79	73	Sunnyvale	Max Temp	81	88	92	92	92	94	87	79
	Min Temp	48	52	56	56	56	56	51	49		Min Temp	50	56	59	61	61	62	56	52
Morgan Hill	Max Temp	82	88	92	93	93	94	88	81	Watsonville	Max Temp	78	87	90	89	90	91	83	76
	Min Temp	48	53	56	59	60	60	55	50		Min Temp	47	52	56	58	58	57	52	50
Napa	Max Temp	84	88	89	89	89	91	85	77										
	Min Temp	49	54	55	58	58	60	55	51										



**High and Low Temperature Forecast**



## What is Minor HeatRisk?

extreme

major

moderate

1 - minor

little/none

Minor HeatRisk is the **1st of 4 levels** of HeatRisk

### What it means:

- Heat that is tolerated by most - **very common**
- Minor Risk of heat-related illnesses to those **extremely sensitive** to heat, such as older adults (65+), infants, those without effective cooling, and those with chronic diseases (heart disease, obesity, poor blood circulation)

### Actions to take:

- Drink plenty of water or sports drink
- Do not leave children or pets in unattended vehicles
- Leave windows open at night and/or use fans
- Reduce activities outdoors and seek shade when possible

weather.gov/BayArea  
National Weather Service · Bay Area, CA  
Updated: Wed, Mar 11, 2026 01:40 AM PT



Minor HeatRisk.jpg



## What is Moderate HeatRisk?

extreme

major

2 - moderate

minor

little/none

Moderate HeatRisk is the **2nd of 4 levels** of HeatRisk

### What it means:

- Heat that is tolerated by the well-acclimated - **happens many times a year**
- Moderate Risk of heat-related illnesses to those sensitive to heat, such as older adults (65+), infants, athletes, outdoor workers, those without effective cooling, and those with chronic diseases. Some risk to general population

### Actions to take:

- Drink plenty of water or sports drink
- Do not leave children or pets in unattended vehicles
- Take frequent breaks in air conditioning or shade
- Shift activities outdoors to cooler times of the day

weather.gov/BayArea  
National Weather Service · Bay Area, CA  
Updated: Wed, Mar 13, 2026 10:10 AM PT



Moderate HeatRisk.jpg