



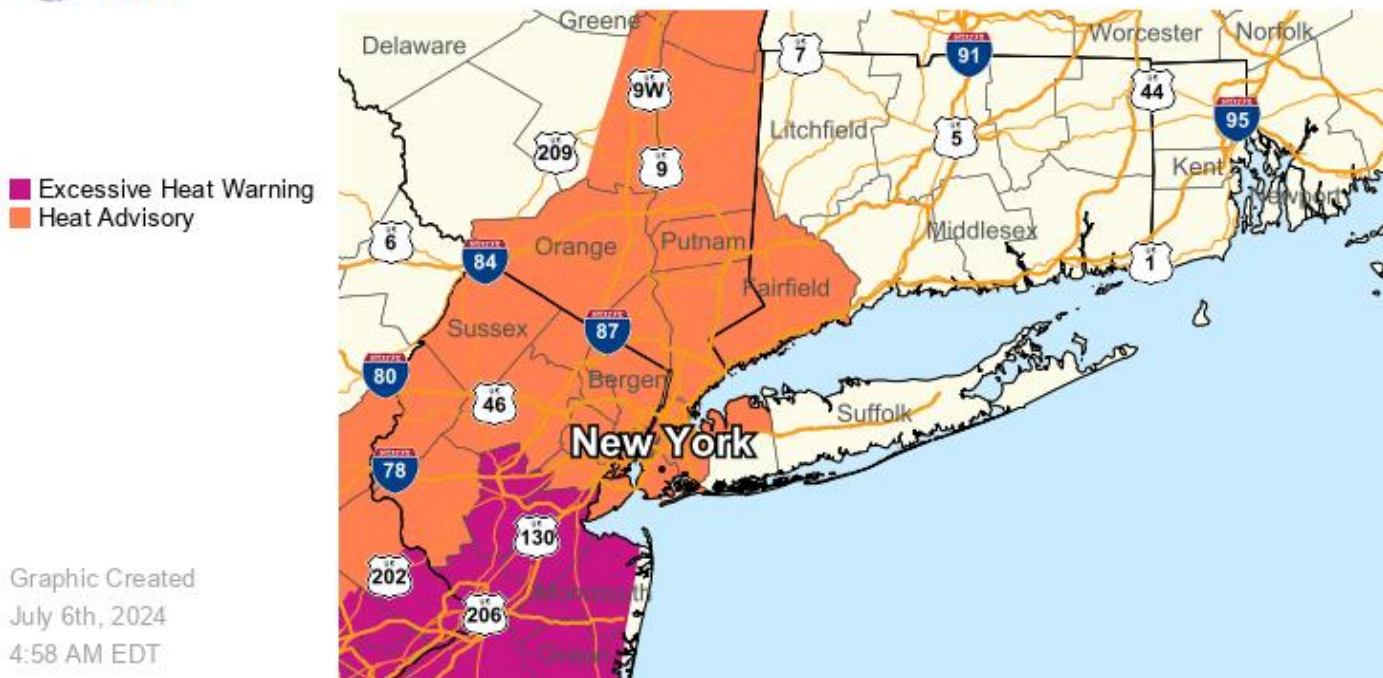
Heat Advisory and Thunderstorms

July 6, 2024
5:11 AM

Key Messages

- Heat Advisories have been expanded to include NYC metro, Putnam, Westchester, and Fairfield counties.
- Heat index values are expected to reach 95 to 100, but could reach up to 105 in isolated areas of southern portions of NE NJ.
- Isolated to scattered showers & thunderstorms this afternoon to evening.
- High risk of rip currents on ocean beaches through early this evening.

Excessive Heat



HAZARDS & IMPACTS

Heat and Humidity

- Max Heat Indices:** 95-100, isolated areas up to 105.
- Timing:** Max heat indices between noon and 6 pm.
- Impacts:** There is an increased risk of heat-related illness for vulnerable populations.
- Sunday Outlook:** Heat indices in the mid-90s for NE NJ.

Thunderstorms

- Ongoing thunderstorms at the time of this briefing should clear out by 9 am. As for the next round of thunderstorms...
- Timing:** 3 pm – 10 pm
- Location:** Entire area. Coverage should remain isolated, but could become scattered in interior areas.
- Impacts:** Isolated strong to severe thunderstorms (straight line wind threat) and localized flash flood threat, particularly north and west of NYC this afternoon & evening.

NWS ALERTS

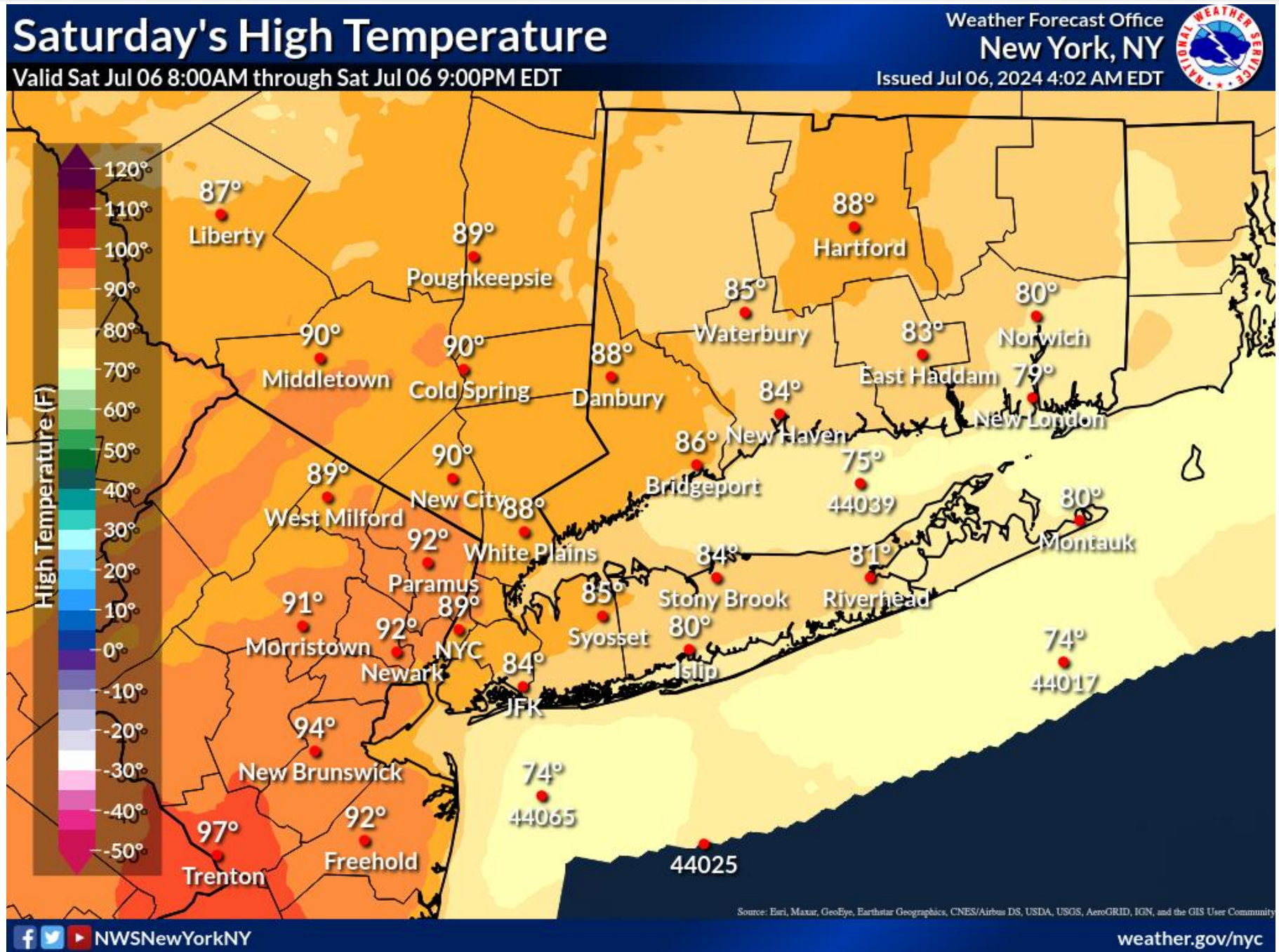
- Heat Advisories** through early this evening for NE NJ, NYC metro, N Nassau Co, Lower Hudson Valley, and Fairfield Co.
- Rip Current Statement** for high risk of rip currents at ocean beaches through early this evening.

NEXT BRIEF

This will be the final briefing unless heat advisories are extended into Sunday.

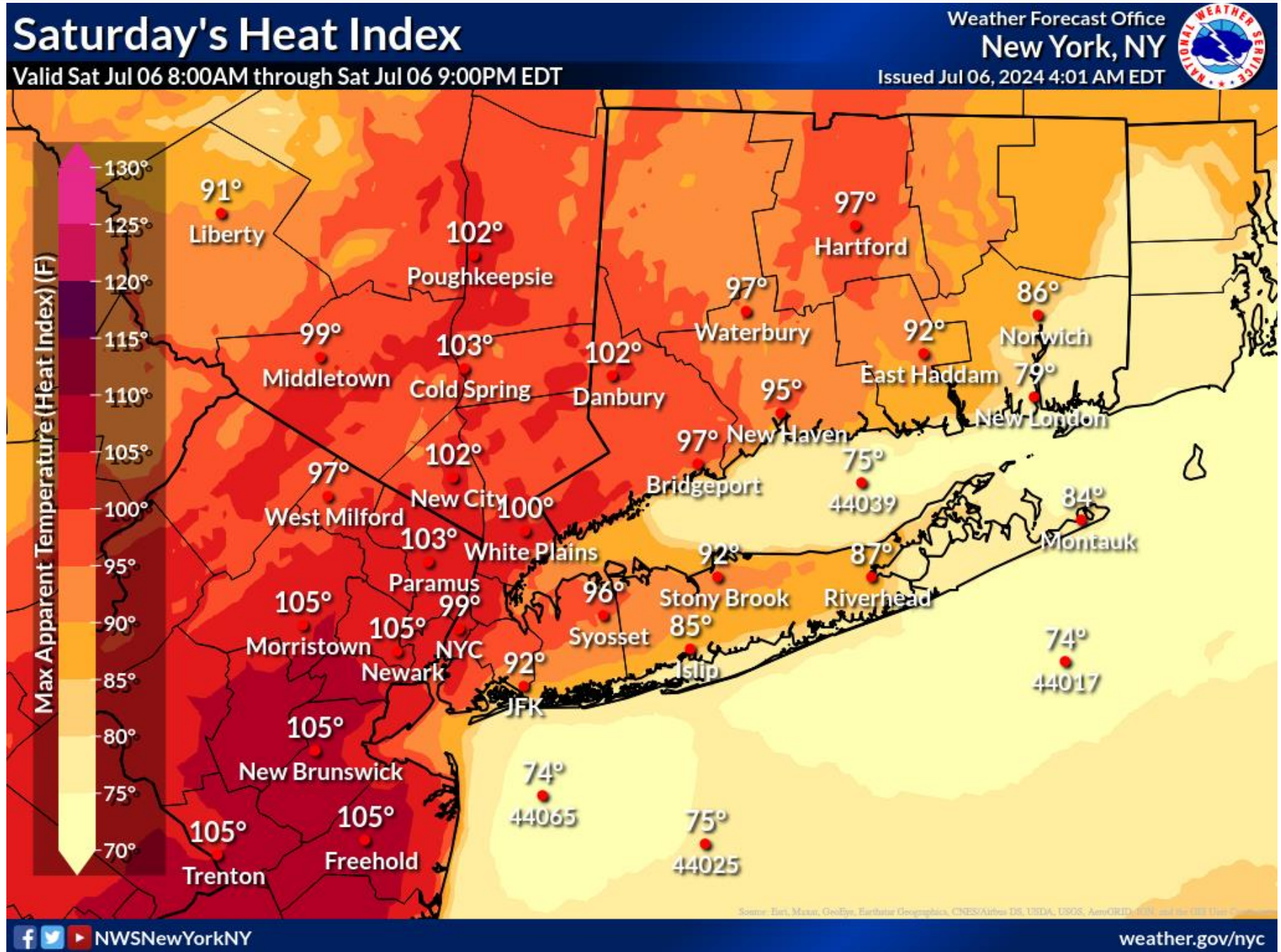


High Temperatures



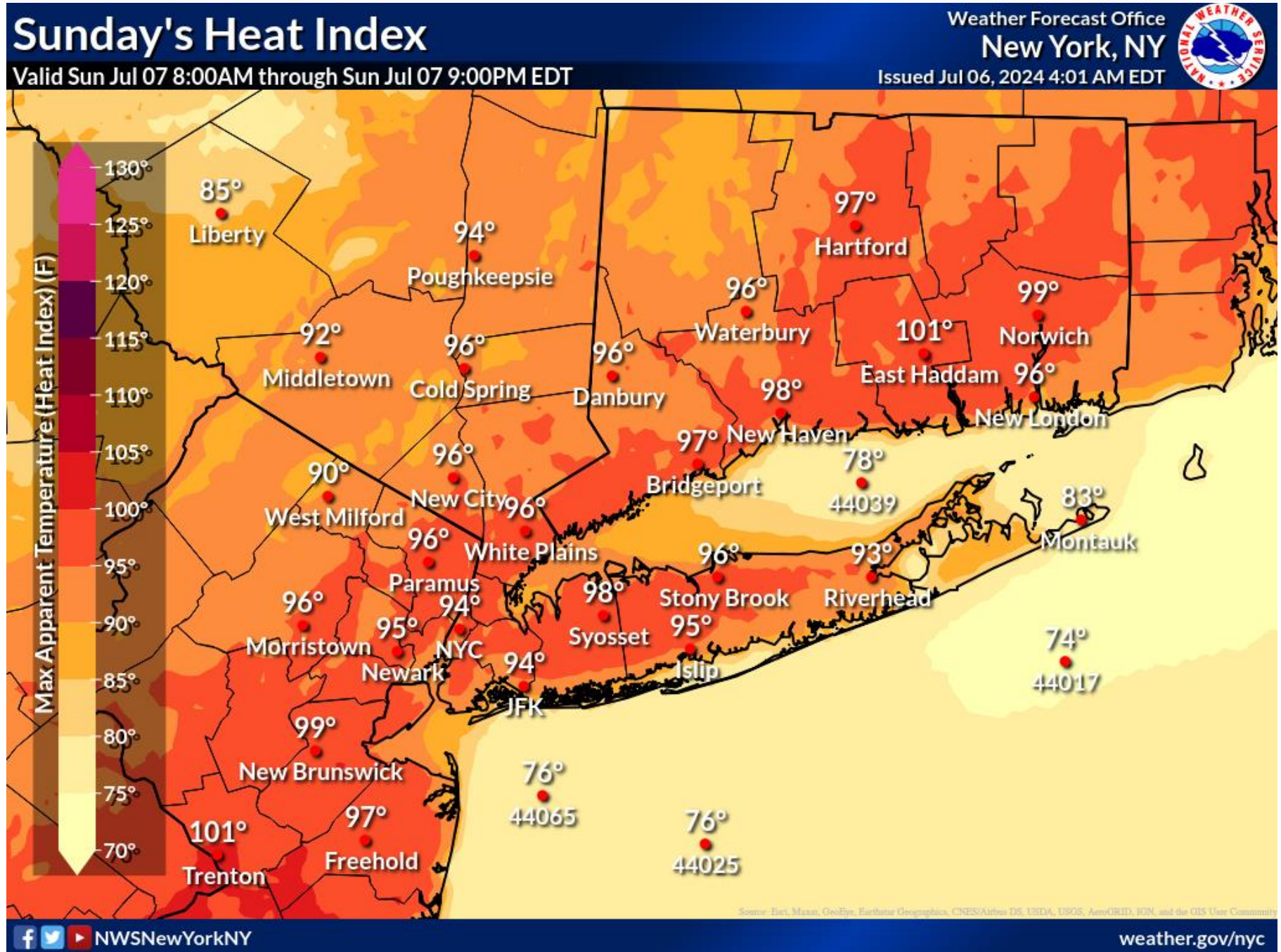


Maximum Heat Index





Maximum Heat Index





Practice HEAT SAFETY Wherever You Are

Heat related **deaths** are preventable.
Protect yourself and others from the
impacts of heat waves.



[weather.gov/heat](https://www.weather.gov/heat)



Job Sites

Stay hydrated and
take breaks in the shade
as often as possible



Indoors

Check up on the
elderly, sick and those
without AC



Vehicles

Never leave kids or
pets unattended -
LOOK before you **LOCK**



Outdoors

Limit strenuous outdoor
activities, find shade,
and stay hydrated

<https://www.weather.gov/wrn/heat> infographics

