

Build a Preparedness Kit!

Assignment:

1. Put together a preparedness kit. (**Only the items listed below are required for this assignment**, but a truly complete kit includes all of the materials listed on <http://www.ready.gov/build-a-kit>).
2. Show your completed kit to your instructor in person or take a picture with all of the items in your kit and turn that into your instructor (i.e. all materials must be visible in the picture with you).
3. Answer the questions at the bottom of the worksheet.



Preparedness Kit Materials

- **Backpack or storage tub** (to hold your supplies)
- **Water** (1 gallon per person per day is recommended – should plan for 3 days)
- **Non-Perishable food** (and a can opener if including canned foods – should plan for 3 days)
- **Flashlight with extra batteries**
- **First Aid Supplies** (bandages, ointment, disinfectant wipes, etc)
- **Tissues and paper towels/napkins**
- **Toilet paper and bags with ties for personal sanitation**
- **Wrench or pliers** (for turning off utilities)
- **Paper and pen or pencil**
- **Sleeping bag or warm blanket** (recommend one for each person in your home)
- **Personal hygiene items** (travel size deodorant, cotton swabs, feminine items, etc)
- **Whistle to Signal for help**

Questions:

1. Where in your home will you store your preparedness kit? Why?
2. What items in your kit expire? (Create a list these items, along with their expiration date and attach it to this assignment.)
3. In what situations might you take shelter in your home?
4. In what situations might you need to leave your home to be safe?
5. If law enforcement tells you to leave your home for safety reasons, who will be responsible for collecting the kit before you head out the door?