Lightning strikes the ground in the state of Colorado about a half million times each year, and with many of us participating in outdoor activities, we need to learn how to protect ourselves from lightning hazards.

Lightning is also responsible for about one quarter of the wildfires in Colorado each year. When lightning or other conditions are conducive to a high wildfire threat, the National Weather Service will issue Fire Weather Watches or Red Flag Warnings.

During this week, we will cover a variety of topics related to lightning and wildfires.

Monday.....Lightning overview for Colorado Tuesday.....The science of lightning Wednesday....Outdoor lightning risk reduction Thursday.....Indoor lightning safety Friday.....Lightning medical issues for survivors Saturday.....Lightning and wildfires

Here are a couple of web sites that contain additional lightning information.

NOAA's lightning website which contains abundant information on lightning safety can be found at:

weather.gov/safety/lightning

Lightning information specific for the State of Colorado can be found at the following website:

weather.gov/pub/lightning

The lightning topic for tomorrow will be the science of lightning.