Excessive Lightning Outlooks Research has shown that excessive lightning production is favored in areas where moisture (the presence of graupel is essential for electrification) and instability (especially aloft; the greater the buoyancy, the more vigorous the updrafts) are maximized.

Parameter	Evaluation (use actual numbers)			
	Low	Medium	High	1
K Index: Gives storm potential as a function of mid-level lapse rate and	< 20	25-30	> 30	Moisture and instability: K-index
low/mid-level moisture; values > 40 may indicate excessive cloud				over 25 is best provided it doesn't
				mean everyaget glouds that sould
Most Unstable CAPE	< 1000	1000 - 2500	> 2500	lower the instability
Use worsh procedure: 8 i LIGHTNING or				lower the instability
RAH-WRF NMM12				
Mixed Layer CAPE: Average CAPE of parcels lifted from the lowest	< 500	504 4500	> 4500	
~1km of the atmosphere (AvviPS procedure> lowest 1km; SPC mesoanalysis> lowest 100mb)	× 500	501-1500	2 1500	High instability/high CAPE is best.
Use wforah procedure: 8i. LIGHTNING				\Box CAPE _(-10 to -30°C) should ideally be over
Layer CAPE from -10° to -30°	< 200	201 - 600	> 600	800 J/kg, with N-CAPE over 0.25,
Use wforah procedure: 8 i. LIGHTNING. BAOB Program or				for a major lightning day
SPC Sounding Analysis				
Normalized CAPE: ≥ 0.1, preferably 0.2-0.3. Larger N-CAPE= "fatter"	0 - 0.09	0.10 - 0.19	> 0.20	
CAPE, lavois vigorous upurans (round on bor Kir)				
SPC: NAM-based probability of > 100 strikes	< 25%	25 - 50%	> 50%	High probabilities of excessive
Click here for summary page				lightning (over 50% on NAM-based
SPC: SPEE based probability of > 400 strikes				\rightarrow perfect prog guidance and over 10%
SPC: SREP-based probability of 2 100 strikes	0 - 2.5%	4 - 6%	10+ %	on SREE-based guidance) is
Click here for summary page				favorable
Persistence: Is the weather pattern relatively unchanged? If yes,	None	Low	High	
what was the intensity of flash rates from yesterday's storms				Excessive lightning often occurs on
				successive days
Precipitable Water: Steady or increasing normal to above normal	12z	18z	00z	
with high instability.				
				1
Other factors to consider	Notes			Above-normal PW, increasing through
Moisture in the 0 to -20 C layer: This is an estimate of the potential		110100		the day, is favorable
graupel mass in the mixed-phase layer, which is needed for				
electrification. Note: total saturation, such as in a tropical environment,				
may mean a low wet-build lapse rate and less ins				
Synoptic Triggers: Look for upper divergence, DPVA, an				Look for large scale dynamic forcing
approaching MCV, etc. that might increase coverage and/or intensity of				mechanisms that might help
				organize and increase convection
850mb 8, ridge: Extending into the CWA from the south or southwest				
				Theta-e ridging and advection implies
$\Omega_{ccasional} = <1$ flash/min: frequent = 1.6 /min: continuous = 6.42			min	 increasing graupel aloft



Synoptic signatures indicating favorable conditions for excessive lightning days include:

- Upper jet core over the northeast US (top image)

- Mid level shortwave trough to our west (middle image)

- Surface cold front or trough to our northwest, with deep southwest flow (bottom image)

reveals thresholds of key parameters favoring high lightning activity.				
	High strike density	Low strike density		
K-index	33.26	30.05		
MLCAPE	<u>2050</u>	593		
MUCAPE	<u>3175</u>	1143		
Layer CAPE (-10C to -30C)	<u>710</u>	195		
Days of layer CAPE ≥ 600 J/kg	90%	5%		
Normalized CAPE (N-CAPE)	<u>0.18</u>	0.07		
% with strong upper div	45%	20%		
PW (in.)	1.64	1.59		

Comparison of high strike count days with lesser strike count days

References: Watson and Holle 1996; Bright et al 2005; Wolf 2006; Cope 2006; Bothwell 2005; McCaul et al 2008; Deierling et al 2005; Shafer 2005; Blanchard 1998; Kehrer et al 2008; Livingston et al 1996; Hartfield 2009; WFO Raleigh local studies.

"First Strike" Lightning Detection

Research has shown that a **40 dBZ** radar reflectivity echo extending up to the **-10 degrees C AGL** can give a nearly **15 minute lead time** for the first lightning strike. Ideally, the updraft should continue to grow beyond this level with high reflectivities above -10°C.



Steps for First Strike Detection:

1) Using observed (raobs or aircraft) and/or forecast soundings, decide approximate height of -10°C AGL. 2) Monitor radar returns at this level, using all appropriate radars. (You may even want to filter echoes below 40 dBZ to make them stand out.) When a 40 dBZ echo is seen, and the cell maintains strength or continues to grow, expect a lightning strike within 15 minutes. 3) Ice crystals develop into graupel via the riming process near -10°C. The graupel colliding with ice crystals results in charge transfer. The falling graupel and rising crystals (in the updraft) lead to charge separation, resulting in an electric field and lightning production.



References: Vincent et al 2003; Orville and Huffines 2001; Carey and Rutledge 1996 and 2000; Zajac and Rutledge 2001; Goodman et al 1988; Reynolds and Brook 1956;Dye et al 1989; Michimoto 1990.