

LIGHTNING KILLS

PLAY IT SAFE

Protect Yourself & Others By Following These Rules:

- . Move inside a sturdy shelter immediately.
- . Avoid being the tallest object or near the tallest object around (e.g. tree).
- . If you take shelter in a hard-topped automobile, keep the windows up.
- . Call for medical help immediately if someone is struck.

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Before Lightning Threatens - Have A Plan!

- . Designate someone to monitor the weather & make decisions to suspend the event & move people to safety.
- . Obtain a weather report before practice or an event.
- . Be aware of **National Weather Service** "Watches" and "Warnings" issued for your area.
- . Know where the closest safe structure or location is to the field or playing area.
- . How far is the lightning? Use the "Flash-to-Bang" Method. Count the number of seconds between when you see lightning and hear thunder, and divide by five to calculate the distance in miles. If you are closer than six miles (30 seconds) move indoors immediately.



POWDER RIVER LET'R BUCK!

NATIONAL WEATHER SERVICE
CHEYENNE - RIVERTON

