Home Winter Survival Food Checklist

- Canned Fruits and Vegetables
  - Requires a Manual Can Opener
- Crackers, Nuts, Fruit Bars, Chips
  - High Energy Foods
- Soups
  - Some Soups Require Water or Heating
- Cookies and Hard Candy
- Bread and Condiments
  - Keep Bread Frozen to Last Longer
- Cereal and Toaster Pastries
- Meals Ready to Eat (MREs)
- Bottled Water
  - 1 gallon per person, per day (for at least 3 days)