Cold Safety

Temperatures can be cold in fall, winter, and spring.

Cold is dangerous for people with disabilities.

Cold is dangerous for all adults, kids, and pets.

weather.gov/safety

This content was created in collaboration with the National Weather Service.
Cold makes people feel confused, tired, and in pain.

People should stay in warm places.

They should wear layers of clothing.

They should wear hats, gloves, and waterproof shoes.
People can ask for help in cold temperatures.

People should check on neighbors and friends too.

Go to weather.gov/safety for more information.