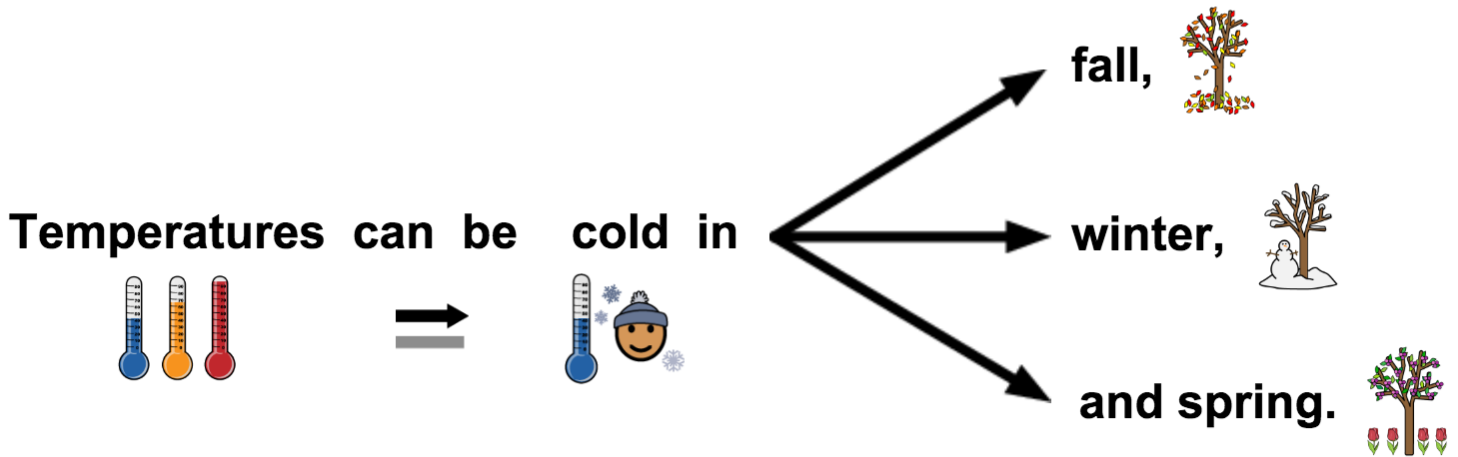
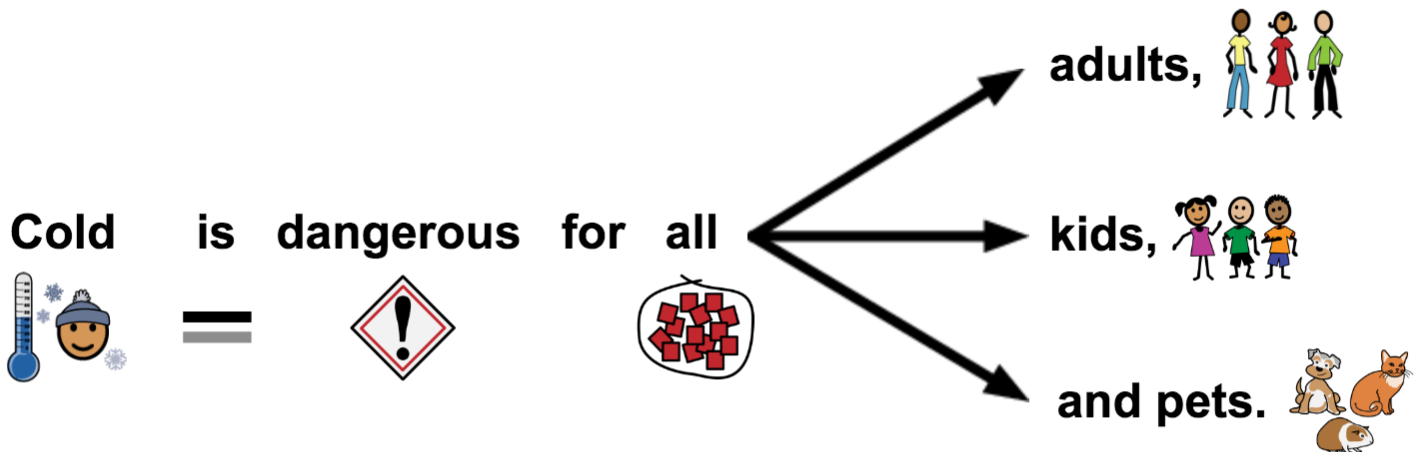


Cold Safety



Cold is dangerous for people with disabilities.



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This content was created in collaboration with the National Weather Service.



Cold makes **people** **feel** **confused,** **tired,** and **in pain.**

People should **stay** **in** **warm** **places.**

They should **wear** **layers** **of** **clothing.**

They should **wear** **hats,** **gloves,** and **waterproof shoes.**

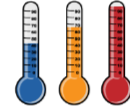
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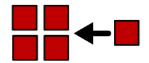
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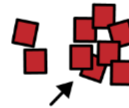
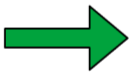
People can ask for help in cold temperatures.



People should check on neighbors and friends too.



Go to weather.gov/safety for more information.



weather.gov/safety



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