

NATIONAL WEATHER SERVICE

Building a Weather-Ready Nation

Spring Weather Safety



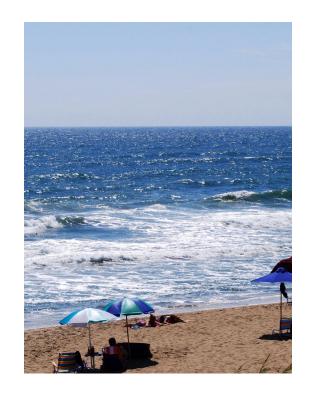
Spring Weather Hazards

- Rip Currents & Beach Hazards
- Tornadoes
- Thunderstorms
- Lightning
- Flooding
- Tsunamis
- Heat



Rip Currents & Beach Hazards

- Beach flags help alert swimmers about potential dangers such as high surf or strong rip currents
- Look for beach flags before you enter the water
- If caught in a rip current, swim parallel to the beach to escape



RIP CURRENTS KNOW YOUR OPTIONS

IF CAUGHT IN A RIP CURRENT Relax, rip currents don't pull you under. Don't swim against the current. Swim out of the current, then to shore. If you can't escape, float or tread water. If you need help, yell or wave for assistance. CURRENT RIP CURRENT

Rip currents are powerful currents of water moving away from shore.

They can sweep even the strongest swimmer away from shore.

If at all possible, swim near a lifeguard.

Other Dangerous Currents

- Longshore currents
- Outlet currents
- Tidal currents
- Structural currents
- Learn more about these at weather.gov/safety/dangerous-currents



Tornadoes

- Winds from tornadoes can exceed 200 mph
- Flying debris is very dangerous, and most often the cause of death and injuries
- Seek a sturdy shelter in a basement, storm shelter, or interior room away from windows on the lowest floor and cover your head
- Every tornado should be seen as life-threatening



NWS Tornado Products



Thunderstorms

- Severe thunderstorms produce damaging wind and/or large hail
- Take shelter in a sturdy structure away from windows — a basement or cellar would be best
- Being in a vehicle is safer than being outside



NWS Severe Thunderstorm Products



Lightning

- Thunderstorms produce lightning
- Lightning kills an average of 30 people every year
- Take shelter inside a sturdy structure
- A hard-topped vehicle is also a safe location



Flooding

- Flooding can be caused by snowmelt, ice jams, and heavy rain
- More than half of all flood fatalities are vehicle-related
- Never drive into flooded roadways or around barricades



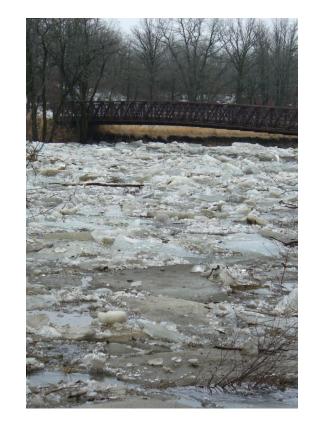
Snow Melt

- Water stored in the snowpack goes into rivers when the snow melts in spring
- Spring flooding can affect large river basins
- Never drive through flood waters and obey road signs



Ice Jams

- Ice jam flooding occurs when chunks of ice build up and prevent water from flowing downstream
- This can lead to rapid rises upstream from the ice jam
- Never drive through flood waters



Heavy Rain

- Heavy rain on saturated soil can lead to flooding
- More than half of all flood fatalities are vehicle-related
- It only takes 12 inches of rushing water to carry away a small car
- Turn around, don't drown!



NWS Flood Products



Tsunamis

- A tsunami is one of the most powerful and destructive forces of nature
- Know nature's warnings: strong or long quake, sudden ocean rise or fall, ocean roar
- Respond to warnings: move to high ground or inland



NWS Tsunami Products



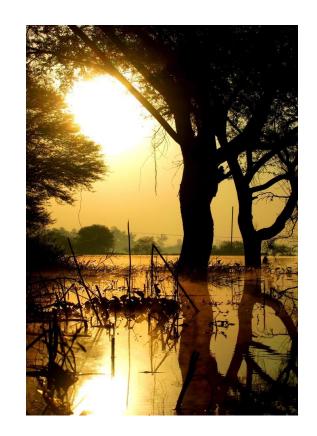
Heat Safety

- Even in the Spring, heat with or without humidity can take a toll on the body
- Know the signs of heat illness. Types of heat illnesses include heat cramps, heat exhaustion, heat stroke.
- Reschedule outdoor work and strenuous activities for another day or until the coolest time of day
- Stay hydrated by drinking plenty of water



Heat Safety

- Sunburn and heat illness can be avoided
- Apply and reapply sunscreen to protect your skin from sunburn
- Stay hydrated by drinking plenty of water
- NEVER leave children, the elderly or pets in parked, unattended vehicles



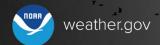
NWS Heat Products

EXCESSIVE HEAT WATCH

An Excessive Heat Watch is issued when dangerous heat is possible.

Reschedule outdoor activities in the coming days. Make sure that children, the elderly, and pets have a place to cool off during the heat.

Be Prepared.



EXCESSIVE HEAT WARNING

An Excessive Heat Warning is issued when dangerous heat is happening or about to happen.

Avoid heavy activity & direct sunlight. Stay hydrated, find a cool indoor place, and check on children, elderly & pets.

Take Action!

Spring Safety Resources

weather.gov/safety/ripcurrent
weather.gov/safety/tornado
weather.gov/safety/thunderstorm
weather.gov/safety/lightning
weather.gov/safety/flood
weather.gov/safety/tsunami
weather.gov/safety/heat

